

# NEONATAL ISOLETTE COVERS

## for

### Tallahassee Memorial Hospital (TMH)

The Neonatal Intensive Care Unit of TMH is in need of isolette covers which help control light and sound in the unit. They need enough covers for 20 isolettes plus extras to replace the ones that are being laundered. These guidelines should be followed when making them:

- Must be quilted to muffle noise
- Should have a dark color on one side (purple, blue), the top side can be anything 'baby appropriate'
- Include straps so they can be tied in place
- Must be durable for hospital laundering

Materials:

- 1  $\frac{3}{4}$  yards each for top, backing, and batting
- 1  $\frac{1}{2}$  yards of  $\frac{3}{4}$ " ribbon or other material suitable for ties (cut into 4 equal pieces)
- Fabric, bias tape, or other suitable material for approximately 360' (9 yards) of binding (optional depending on construction method) This is a generous measurement and you will probably need less.

**ADD SEAM ALLOWANCES** to the measurements on the diagram below. The measurements are the FINISHED size and do not include seam allowances. A  $\frac{3}{8}$ " seam allowance is recommended, but use whatever you are comfortable with.

- Cut one large rectangle and 2 flaps from top fabric (flaps must be mirror images cut from opposite sides of the fabric unless there is no difference between the right and wrong sides)
- Cut one large rectangle and 2 flaps from bottom (dark) fabric (flaps must be mirror images cut from opposite sides of the fabric unless there is no difference between the right and wrong sides)
- Cut one large rectangle and 2 flaps from batting
- Using a plate or other convenient circular object, round off all 4 corners on large rectangle and 2 outer corners on flaps

\*A walking foot is recommended for construction and quilting

\*Machine quilting is recommended

Choose one of the two construction methods below.

#### CONSTRUCTION METHOD 1 —Without Binding

##### FLAPS

- Place one backing piece right side up on the table
- Pin one ribbon (tie) at mark on diagram matching raw edge of tie to raw edge of fabric (tie should be concealed on the inside when sewing layers together)
- Place one top piece right sides together on back piece with tie
- Place one batting piece on top
- Sew the 3 layers together on all sides except the short  $9\frac{1}{2}$ " edge which is left open for turning
- Trim seam allowance no less than  $\frac{1}{4}$ "
- Turn right side out and press seam edges flat

- Topstitch approximately 3/8" around entire flap
- Quilt any desired pattern over the entire flap (straight lines or cross hatching work well)
- Repeat with second flap
- Flaps should be mirror images of each other

#### LARGE RECTANGLE

- Mark 14 1/2" slit (plus seam allowance) on one short end of batting
- Place backing piece right side up on the table
- Pin one ribbon (tie) at mark on diagram on each long side of backing matching raw edge of tie to raw edge of fabric (tie should be concealed on the inside when sewing layers together)
- Place one flap on each long edge as indicated on diagram with backing side of flap against right side of backing rectangle with ties (flaps must face same direction as on diagram)
- Place large top rectangle on backing right sides together with flaps / ties sandwiched between them
- Place large batting rectangle on top piece with slit marking in the same location as shown on diagram
- Sew long side on right toward the short end with slit markings, continue across short end, up one side of the slit and back down the other, across the rest of the short end and up the remaining long side leaving remaining short side open for turning
- Trim seam allowance no less than 1/4 " except slit opening which will have a very narrow seam allowance
- Turn right side out and press seam edges flat (flaps and ties are now exposed)
- Turn under opening on short end and stitch closed
- Topstitch approximately 3/8" from edge around the entire rectangle and slit
- Quilt any desired pattern over the entire rectangle (straight lines or cross hatching work well)

YOU'RE FINISHED!!!

#### CONSTRUCTION METHOD 2— With Binding

##### FLAPS

- Layer batting in between top and bottom piece with right sides out
- Baste the 3 layers together and quilt as desired
- Trim to measurements on diagram
- Sew binding around all outer edges
- Repeat with second flap
- Flaps should be mirror images of each other

##### LARGE RECTANGLE

- Mark slit on right side of one short end of either top or bottom fabric
- Layer batting in between top and bottom pieces with right sides out and marked slit on top
- Baste the 3 layers together and quilt as desired (straight lines or cross hatching work well)
- Cut the slit open and trim to measurements on diagram
- Sew binding around entire rectangle including slit

- Place one flap on each long edge as indicated on diagram either on rectangle top or bottom and overlapping slightly (flaps must face same direction as on diagram)
- Sew flaps very securely in place at overlap
- Sew 4 ties very securely in place as indicated on diagram on rectangle and flaps

YOU DID IT!!!!

Donations of suitable fabrics for making these isolette covers as well as some kits to distribute periodically at QU meetings would be appreciated

Finished quilts and isolette covers can be delivered at any QU meeting to Lorna Fisher or Wendy Stone Thank you for your generosity!!!

For further information or questions, contact Lorna Fisher at [seminolequilter@yahoo.com](mailto:seminolequilter@yahoo.com)

**OUTER CORNERS ON DIAGRAM ARE SQUARE BUT SHOULD BE ROUNDED AFTER CUTTING PIECES OUT USING A PLATE OR OTHER CIRCULAR OBJECT.**

**ADD SEAM ALLOWANCES !!!**

